

# MONTAUK YACHT CLUB

## BREAKFAST MENU

### BREAKFAST

AVOCADO TOAST 15  
*sourdough, avocado spread, herbs,  
pickled onions*

FOLDED EGGS 22  
*tomato confit, greens, avocado,  
sourdough*

MYC EGG SANDWICH 18  
*english muffin, chicken sausage,  
avocado, american cheese, super sauce*

SMOKED SALMON TARTINE 19  
*acme smoked salmon, cream  
cheese, dill, capers, pickled onions*

YOGURT PARFAIT 14  
*yogurt, granola,  
seasonal berries, honey*

ORGANIC CHIA PUDDING 13  
*almond milk, chia seeds, shredded coconut, mint*

FARM FRUIT BASKET 8  
*seasonal cut fruit, melon, citrus, berries*

### SIDES

BACON 7

AVOCADO 7

CHICKEN SAUSAGE 7

SMOKED SALMON 10

### SANDWICHES

CHICKEN SANDWICH 18  
*grilled chicken, arugula,  
balsamic roasted onion, garlic aioli*

BALSAMIC GLAZED CAPRESE 19  
*fresh mozzarella, juicy ripe tomatoes, basil pesto*

### PASTRIES

BANANA BREAD 16  
*almond butter, flax, cinnamon*

CROISSANTS 7

BIG COOKIE 5

### SMOOTHIES

GREEN GODDESS 17  
*spinach, kale, banana, vanilla, ginger, coconut water,  
lemon, agave*

PEANUT BUTTER CUP 18  
*peanut butter protein, milk, collagen,  
flax seed, cocoa, banana*

EAST END ROSE 18  
*strawberries, vanilla protein, kefir, probiotic, rose extract*

GOLDEN HOUR 18  
*frozen mango, golden milk, coconut milk, vanilla, honey*